

## Brunch

Until 3pm

<b>Chia Pudding</b>   Chia and coconut pudding with poached rhubarb, mango and fresh berries	17
<b>Mushrooms on Toast</b> <i>U</i>   Sautéed mushrooms with parmesan and rocket served on multigrain toast with truffle oil	17
<b>Bacon Bap</b>   Toasted Bap, bacon, fried egg, mayo and BBQ sauce with hand cut fries	18
<b>Smoked Salmon</b>   Two poached eggs with smoked salmon on whole grain toast with avocado, spinach, balsamic dressing and a side of hollandaise sauce	21
<b>Pork Belly Hash</b> <i>GF</i>   Sautéed confit pork with potatoes, onions and capsicum topped with a fried egg and homemade lightly spiced tomato chutney	20
<b>French Toasted Banana Bread</b> <i>U-GF</i>   Homemade fried banana bread, bananas, ice cream and berries	17
<b>Breakfast Enchilada</b> <i>U</i>   Fresh tomato, scrambled egg, coriander, chipotle cheese crust, salsa and guacamole	18
<b>Mince on Toast</b>   Savoury mince on toasted ciabatta topped with 2 fried eggs	18
<b>Eggs Benedict</b>   Two poached eggs with smoked streaky bacon, toasted English muffin, homemade hash brown, hollandaise and roast tomato	20
<b>Big breakfast</b>   Two eggs your style with streaky bacon, homemade hash browns, tomato, sausage, mushrooms, tomato relish and super grain toast	22
<b>Sides</b>   Bacon   Sausage   Tomato   Mushroom   Spinach   Beans   Avocado   Salmon   Hash brown	4

## Lunch

11am-3pm

<b>Salmon Salad</b> <i>GFA</i>   Hot smoked salmon with quinoa, honey roast vegetables, beetroot, salad leaves, toasted walnuts and a citrus vinaigrette	25
<b>Lamb Salad</b> <i>GFA</i>   slow cooked lamb shoulder, with olives, tomato, cucumber and feta mixed with a mint yoghurt dressing on a toasted flat bread	25
<b>Chicken Caesar Salad</b>   Cos lettuce with parmesan, bacon, croutons, soft boiled egg, poached chicken breast and classic dressing	25
<b>Fish &amp; Chips</b>   Tempura battered market fish with fries, garden salad and homemade tartare sauce	23
<b>Sumo Bowl</b>   Mixed leaves with cherry tomatoes, cucumber, soy beans, carrot, mixed seeds, corn and chopped egg, served with your choice of poached chicken or 1/2 avocado	25
<b>Pan-Fried Salmon Nicoise</b> <i>GF</i>   Fresh Akaroa Salmon with salad of new season potatoes, green beans, tomatoes, kalamata olives, boiled egg and rocket pesto	28
<b>Steak</b> <i>GFA</i>   250g Sirloin steak with hand cut chips, green bean, café de paris butter and a crunchy soft boiled egg	27
<b>BBQ Beef Brisket Sandwich</b>   Braised beef brisket shredded served on Turkish bread with coleslaw, pickled cucumber and 3 cheese sauce. Served with fries	25
<b>Chicken Sandwich</b>   Chicken breast on ciabatta with streaky bacon, avocado, tomato and lettuce. With fries or salad	23
<b>Seafood Chowder</b>   Fresh salmon, fish, mussels, prawns in a creamy chowder base with garlic toast	19
<b>Pasta of the Day</b>	23
<b>Burger</b>   Beef burger with melted cheddar, homemade tomato relish and lettuce. With fries or salad	23
<b>Grilled Vegetable Sandwich</b>   A selection of grilled vegetables, rocket in vegan ciabatta. With Polenta fries.	19

**Escape the race.**